

Story & Stretch

Day 4



Bible Point: God loves you!

Bible Verse: God said, "I love all people. I want you to learn to love all people. Whether they are poor or rich, I want you to love them. Whether they are hungry or full, love them...then you can live in peace." SSB, 174

Story: God's Peaceful World, Spark Story Bible, pg. 172.

Materials Needed:

- Everyday use: Yoga mats or carpet squares, one per kid
- Bible Story Scenes

Set Up:

- Place yoga mats/ carpet squares out in groups
- Giant world mural

What to do:

Introduce it!

- **Crew Check In:** Instruct crew leaders to take out their crew leader check in sheet out and get ready for the morning! (See crew leader check in sheet for details.)

Music: *This Little Light of Mine*

- **Intro Question:** Welcome everyone to Story & Stretch! In our Bible story for today, we learn about how God wants us to love and care for our neighbors. What does it mean to "care?"
- **Shout Out:** Each group picks their best answer that they came up with, and shouts it out.
- **Define it:** What does it mean to "care?" To care means to look after and provide for the needs of someone or something.

Learn to Bible Point:

Leader says: What do we say?

Participants say: God loves you!

Music: *I'll Do My Best (Theme Song)*

Get to it! [Insert Day 2 Skit with Emcee, Priest and Sage. Insert SSB Bible verse into skit.]

Music: *Be Bold, Be Strong*

Learn the Bible Verse

Learn 3 basic poses for storytelling yoga. Click links for an image. Practice the images before pointing it all together.

[Star Pose](#) - God

[Warrior 2 Pose](#) - Love

[Happy Baby Pose](#) - Peace

[Tree Pose](#) - all people, them

Do some calisthenics: jump jacks, toes touches, burpees (kids love these!)

Practice the Bible verse several times. Try to help kids memorize it.

Say: The Bible verse for today is from the book of Isaiah:

God (star pose) said, "I love (warrior 2 pose) all people (tree pose). I want you to learn to love (warrior 2 pose) all people (tree pose). Whether they are poor or rich, I want you to love (warrior 2 pose) them (tree pose). Whether they are hungry or full, love (warrior 2 pose) them (tree pose)...then you can live in peace." SSB, 174

Practice the Take Home point

Leader says: What do we say?

Participants say: God loves you!

Music: *My God is Big, so Strong, and So Mighty*

Debrief it!

- **Huddle Questions:** What did Emcee and Sage talk about in the skit? What does the Bible verse tell us today? What are some ways you can love all types of people?

Music: *This Little Light of Mine*

- **Practice the Bible Point**

Leader says: What do we say?

Participants say: God loves you!

Bible Buddy (hold up Doey Dear poster)

Say: Meet Doey Deer! She creeps around so softly in our backyards and wooded parks. Her kindness and beauty make us stop in our tracks and watch. She makes the world feel safe with her peaceful presence. She welcomes you this morning to VBS (hold hands up like ears and stomp feet quietly).

Pray it out!

For each crew, have the participants and leaders place their mats/ carpet squares in a circle.

With a drum, play an even beat while kids hop, skip, or jump from mat to mat, square to square.

Say this prayer:

Dear God, thank you for our world, and help us to be good neighbors.

Amen.