



Backyard Games - Day 2

Bible Point: Shine away!

Bible Verse: Jesus said, "You can be like light to the rest of the world! Even though you are just one person, what you do and say changes the world around you!" Matthew 5 - SSB, 270

Story: Salt and Light, Spark Story Bible, pg. 268

GAME 1 - Bed Sheet Ping Pong

Materials Needed:

- Bed Sheet, Ping Pong Ball

Set Up:

- Separate into two groups/teams

What to do:

1. The object is to get the ping pong ball to fall off of the other team's side, for a point.
2. Each team holds the opposite end of a bed sheet.
3. Place the ping pong in the middle of the sheet.
4. Instruct teams that they can raise and lower as needed, but remind the players to be careful not to "launch" the ball (as they will be very inclined to do so).
5. Play until the first team reaches 5 points or any number you choose.

Review the Bible Point

Leader says: What do we say?

Participants say: God loves you!

GAME 2 - Parachute Games

Materials Needed:

- Parachute, soft foam balls

Set Up:

- Gather in a space large enough for the parachute plus some extra space

What to do: Spread out the parachute and have everyone grab the edge, spacing out as evenly as possible. Practice playing with the parachute by walking in a circle while holding onto the parachute and by Here are a few games/activities to play with the parachute.

1. **Popcorn** - place a soft foam ball on the center of the parachute.
 - a. Everyone grab a handle.

- b. Shake the parachute up and down so the balls are bouncing to look like popcorn.
- c. Feeling Competitive:
 - i. Divide the group into two teams (red & blue, for example)
 - ii. Place 5 red balls and 5 blue balls onto the parachute.
 - iii. Shake parachute up and down until ALL of one team's balls have fallen off the parachute.

2. Mushroom

- a. Everyone stands around the parachute and takes a handle.
- b. On the count of 3, everyone should raise their arms (while holding the parachute) about their head.
- c. Then all will bring the parachute to the ground in front of them (trapping the air) to form a mushroom.
- d. When ready, repeat this activity, but this time step inside the parachute and sit on the floor (trapping people and air in the mushroom).

Extra Games can be found here:

<https://www.performancehealth.com/articles/7-fun-parachute-games-for-all-ages-toddlers-to-seniors>

Review the Bible Point

Leader says: What do we say?

Participants say: God loves you!

Pray it out!

Dear God, thank you for our world, and help us to be good neighbors.

Amen.