



Skip into Science

Day 4

Bible Point: Jesus remembers me! Thank you, Jesus!

Bible Verse: “God has been faithful in his love...and his saving power is seen everywhere on earth.” Psalm 98:3

Materials Needed:

- Sharpie/marker
- Biodegradable cups or 16 oz plastic cups: 1/participant
If using plastic cups, you will want to poke very small drainage holes in the bottom of each cup.
- Mammoth Sunflower Seeds (or other seeds): 2/participant
- Seed starting potting mix
- Scoops (to transfer soil to cup)
- Water source (spray bottles, cups of water etc.)
- Labels (see file “Seed Planted By”)

Set Up:

- Place a label on each cup (participants name may be included on label or added by the participant during the “get to it” section)
- Have the remaining supplies available for easy access and demonstration

What to do:

Introduce it!

- **Say:** Welcome everyone to Skip into Science and Story! To get started, read the Bible story The Empty Tomb using the Spark Story Bible found on page 482.
- **Ask:** Once the women arrived at the cave they noticed something different, what was different? (the stone had been rolled away, the cave was empty, Jesus was gone). What did the angel say to the women? (Don’t be afraid, Jesus is not here) As the women went to tell others what they had heard, who did they run in to? (Jesus). Did the women recognize Jesus (not at first)? Did Jesus recognize the women (yes)?

Get to it!

Say: Today in our Bible story we learned that Jesus was alive and recognized his friends! How excited everyone must have been to know and see that Jesus was alive! For our experiment today, we are going to plant a seed to take home and watch it grow. It can be very exciting to watch a tiny seed grow into a large plant.

1. Say: What does a plant need to grow (safe place to grow, healthy soil, water, sunshine, correct temperature). Today we are going to plant a seed(s) and provide it with all of these items so that it can grow into a healthy plant.
2. Explain type(s) of seed(s) you will be planting.
3. Distribute cups to participants (have them add their name to the label if needed)
4. Using a scoop fill each cup $\frac{2}{3}$ full of potting soil.
5. Add some water to the cup (do not make it soupy)
6. Place 2 seeds into the cup
7. Cover seeds with additional soil
8. Spray mist of water over the additional soil

Debrief it!

- **Huddle Questions:** What is the most exciting part of planting a seed? Why? As we watch the seed grow, do you think Jesus watches us grow?
- **Bible Buddy:** Say: Ollie the Otter flips upside down and all around with joy because he knows Jesus remembers him always! We can flip upside down with joy, too! Jesus remembers each of us!
- **Practice the Bible Point**
Leader says: Jesus remembers me!
Kids say: Thank you, Jesus!

Pray it out!

In a large circle, stand up, and say:

Today as we pray we are going to pretend to be a tiny seed that grows into a beautiful flower as we pray. We will all start out small (everyone crouch over, becoming as small as one can). Each time you hear the word “grow” I want you to grow just a bit, like a seed slowly growing into a flower. When we get to the end of the prayer, and hear the word “Amen”, we are going to bloom like a full grown flower (open arms wide, big smile on face, etc.). So let’s begin by getting as small as we can.

Dear God,

Today a seed will begin to **grow**.

May it remind me how you love me so.

With water and sunshine that I give
May it **grow** and strongly live

We thank you for all seeds that **grow**
And your forgiveness that we know.

As it **grows** may I see
How your love changes me.

Amen (bloom into a beautiful flower)!