



MONTH OF AUGUST

We hope you are having a great summer! As we provide these monthly boxes, we want to lift up the home as the primary place where faith is nurtured and grows. We hope that this is a useful tool as you raise your children to know Jesus.

Week of August 12-18

Provided: Faith 5 daily devotions, muffin mix

Activity 1: Bread of Life (John 6:35)

- You will need a few random objects, like a toy, a plate, a book and the included muffin mix (check what extra cooking items you need)
- Together bake the muffins and set them aside.
- Read the Bible verse. Ask your family members to imagine that they have not eaten for two days! How would we feel? How would our bodies feel? How would that affect our mood?
- Bring out the objects with each object asking your family if that object would help to solve their hunger problem. Then bring out the muffins and ask the same question.
- As you enjoy the muffins, together talk about the following questions: What does Jesus mean when He says He is the Living bread? What kind of hunger does Jesus satisfy (you might think about hunger for forgiveness, love, peace, knowing that God cares for you)

Activity 2: Bread of Life (John 6:35)

Come up with hand motions for John 6:35 and learn the verse by heart. If you would like to learn it in sign language, check out this song video:

<https://www.youtube.com/watch?v=UQ8jc2psEd4>

or search on youtube "bread of life Christ music kids" to access the video.

Activity 3: Visit the Bread Aisle (John 6:35)

When you are at the grocery store, visit the bread aisle and together count how many different types of bread you can find. Talk about how important bread is. Read the Bible verse together and discuss the questions from the last bullet point in Activity 1.